

Navigation & Trekking FTX Warning Order

Situation: 709 Signals Army Cadet Corps will engage in a Navigation & Trekking Exercise as part of mandatory training.

Mission: All cadets will participate in a weekend exercise at Kelso Conservation Area on May 22-24, 2026.

Execution: Cadets to arrive on Friday, April 22th at St. Thomas Aquinas Catholic School, 636 Glenholme Ave, by 1800 hrs (6:00 pm).

Cadets should have eaten dinner before they arrive.

Cadets will arrive in their Field Training Uniform (FTU) for the bus ride.

Cadets will be dismissed on Sunday, May 24th from St. Thomas Aquinas Catholic School, 636 Glenholme Ave by approximately 15:00 hrs (3:00 pm).

Rations - All meals will be provided.

Service: **If there are any dietary restrictions, cadets must inform the Training Officer immediately.**

Medical - For any casualty, first aid will be provided at the scene. Any serious injuries will be transported to the nearest hospital. **Cadets must bring any required personal**

Support: **medication, and must inform the officer in charge of what they are bringing.**

CADETS MUST CARRY THEIR HEALTH CARDS ON THEM DURING THIS EXERCISE AND ALL CADET FUNCTIONS

Dress: Cadets are to wear field training uniform (if they have one). Otherwise, weather-appropriate clothing is required.

Appropriate civilian attire is to be worn for sleeping.

Cadets will be issued a sleeping bag on arrival to Kelso Conservation Area.

Kit List: See reverse side of page

Command & Signals

OPI: Lt (N) Vu

Emergency Contact Number (OPI): 416-303-8133

Cadets must bring the following:

- | | |
|---|---|
| <input type="checkbox"/> <u>OHIP Health Card –MANDATORY!</u> | <input type="checkbox"/> Rain jacket |
| <input type="checkbox"/> Prescription medication (if required) | <input type="checkbox"/> Thermal underwear |
| <input type="checkbox"/> Rucksack/large backpack (that can hold all of the following) | <input type="checkbox"/> Combat boots or hiking boots |
| <input type="checkbox"/> Field Training Uniform (if you have it) | <input type="checkbox"/> Bush cap or sun hat |
| <input type="checkbox"/> T-shirts (at least 3) | <input type="checkbox"/> Warm toque/hat (709 hat if you have one) |
| <input type="checkbox"/> Cadet parka (must bring outer shell) | <input type="checkbox"/> Gloves |
| <input type="checkbox"/> Sweater (709 sweatshirt if you have one) | <input type="checkbox"/> Toiletries/towel/face cloth, etc |
| <input type="checkbox"/> Pants (no jeans) | <input type="checkbox"/> Flashlight (headlamp suggested) |
| <input type="checkbox"/> Socks and underwear (at least 4 sets) | <input type="checkbox"/> Chapstick, sunscreen & bug spray |
| <input type="checkbox"/> Sleepwear | <input type="checkbox"/> Water bottle (reusable) |
| <input type="checkbox"/> Pen and paper | <input type="checkbox"/> Sunglasses (optional, but recommended) |
| | <input type="checkbox"/> Wrist watch |

Notes:

- Health cards will be checked before boarding the bus
- Cadets are responsible for all items they bring, including issued kit. 709 RCACC is not responsible for any lost items.
- Cadets found with any illegal items or substances (such as drugs, alcohol or weapons) will face disciplinary measures.