709 Toronto Signals: Activate at Stockyards

Situation: 709 Toronto Signals Fitness Day at Activate Stockyards

Mission: Cadets will participate in Fitness Day Training to satisfy training requirements

When: Wednesday, December 9, 2026

Timings : Arrival: 1800 hrs
Dismissal: 2130 hrs

Where: **Stockyards Village**
30 Weston Road c202
Old Toronto, ON,
M6N 0A7



Dress: **PT Gear**. The cadets must wear appropriate activewear and shoes. NO JEANS. Lockers are available for cadets to use for their jackets and backpacks; locks are not provided.

Execution: Cadets to arrive at the Activate Stockyards by their own means and meet in the front foyer of Activate

Support: **MEDICAL** - First aid will be provided at the scene for any casualty. Any serious injuries will be transported to the nearest hospital

CADETS MUST CARRY THEIR HEALTH CARDS ON THEM DURING THIS ACTIVITY AND ALL CADET FUNCTIONS

Officer In charge /OPI - Lt. Monteleone/ 647-966-7447